

**PROGRAMME**  
**Psychological therapies in the management of pain**  
**Friday 23<sup>rd</sup> November 2012**

09:00-09:25	<b>Registration &amp; Coffee</b>
09:25-09:30	Welcome
09:30-10:15	<b>What do non psychologists need to know?</b> <i>Professor Chris Main, Professor of Psychology, Keele University</i>
10:15-11:00	<b>Screening patients for targeted treatment in primary care</b> <i>Dr Jonathan Hill, Arthritis Research UK Lecturer, Keele University</i>
11:00- 11:20	<b>Morning Coffee</b>
11:20-12:05	<b>Insomnia management in chronic illness</b> <i>TBC</i>
12:05-12:50	<b>What is ACT?</b> <i>Professor Lance McCracken, Professor of Behavioural Medicine, Kings College, London</i>
12:50-13:40	<b>Lunch</b>
13:40-14:20	<b>Psychological therapies for pain – an evidence base</b> <i>TBC</i>
<b>Masterclasses</b> Each masterclass will last for 40 minutes. Delegates will rotate sessions until they have attended all three masterclasses.	
14:25-15:05	<b>Training non-psychologist's to manage pain</b> <i>Professor Chris Main &amp; Jonathan Hill</i>
	<b>Practical approaches to Insomnia Management</b> <i>TBC</i>
	<b>ACT in the clinical setting</b> <i>Professor Lance McCracken</i>
15:05-15:25	<b>Afternoon Tea</b>
15:25-16:05	<b>Training non-psychologist's to manage pain</b> <i>Professor Chris Main &amp; Jonathan Hill</i> <b>Practical approaches to Insomnia Management</b> <i>TBC</i> <b>ACT in the clinical setting</b> <i>Professor Lance McCracken</i>
16:10-16:50	<b>Training non-psychologist's to manage pain</b> <i>Professor Chris Main &amp; Jonathan Hill</i> <b>Practical approaches to Insomnia Management</b> <i>TBC</i> <b>ACT in the clinical setting</b> <i>Professor Lance McCracken</i>
16:50	<b>Meeting ends</b>